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| **Year 1**  **Aim: To focus on families and specially growing up in a loving, secure and stable home.**  Key Words: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.  Key Skills: listening, observing, relating, speaking, respecting, praying, reflecting, understanding, recognising, supporting, celebrating, deciding. | | |
| **Social and Emotional** | **Physical** | **Spiritual** |
| LI: To recognise signs that I am loved in my family. | LI: to recognise how I am cared for and kept safe in my family. | To celebrate ways that God loves and cares for us. |
| **Activities:**   1. Draw your family showing some of the ways they show you love and kindness. 2. Encourage children to retell situations when their families kept them safe and protected. 3. Create a collage of pictures showing the happy, exciting, enjoyable things you do as a family 4. Design a card to cheer someone up who is sad or upset. 5. Compose a prayer together thanking God for all the signs of his love and care for each person, especially in your families.   **Prayer**  ‘Prayer of thanksgiving’.  **Sing**  ‘Sing a simple song unto the Lord’. | **Activities:**   1. Paint and draw your family tree. 2. Draw each member of your family, including yourself and even your pets. Cut them out, write their names on their backs and hang them to make a mobile. 3. Create a set of responses for children to use with people when they feel unsafe. 4. Draw around your hand and on each finger, write ways you have grown and changed. 5. Identify, name, draw and label each part of the body and say what part is associated with each sense. 6. Create a collage showing all the ways we can stay fit and healthy.   **Prayer**  Prayer for our Families  Loving Father, thank you for my mum, dad, brothers, sisters and all who love and care for me.  You love me so much that you have my name carved on the palm of your hand.  Amen  **Sing**  ‘Sing a simple song unto the Lord’. | **Activities:**   1. Create a set of family rules to show how we can live in peace and harmony (include the words please, thank you and sorry). 2. Compose a ‘Litany of Thanksgiving to God, for his constant love, care, protection and keeping us safe.   **Prayer**  Pray each ‘Litany of thanksgiving’ and at the end of each all say ‘Bless (name) and his/her family’.  **Sing**  ‘Sing a simple song unto the Lord’. |