

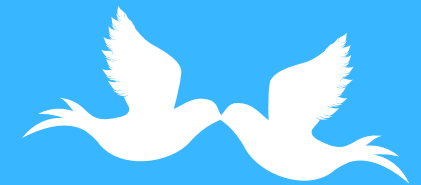
Let's Spread the Love



It may be difficult for us to get out and spread the love but we can still do it using social media. There are many people around the world who are going to be quite lonely over the next few months but if there's one thing the Mini Vinnies are good at it's making people feel loved, not lonely. So Mini Vinnies let's spread the love!

Some ideas!

- You could record a video with you sharing a prayer or supportive message and post on social media.
- Write up your best jokes and share those on social media.
- Create your own poem that you could post on social media about hope and love.
- Draw a picture of what you think Jesus looks like and share that on social media.
- Record yourself reading the Gospel of the day and share it so that others can also hear the word of God.
- Tell others how you are helping your parents or guardians during this time via social media.
- Just simply phone your grandparents every day and check in with them.
- Make a banner for your front window with a good message for passers-by to see and share that on social media.



It's also not just the elderly who might be feeling lonely but your local parish priest or religious order. Make sure whatever you decide to do that it gets out to them as well.