



Corona Kindness!



During these difficult times you may not be able to get to your school or parish but that doesn't mean you stop being a Mini Vinnie. Here we will try and help you think of ways where you can show acts of kindness to others while you are at home.

Prayer

- You are probably so happy you don't have to go to school. This also probably means you will have more time to play and explore.
- Have you thought about maybe using just 10 minutes of your extra playtime to say a few quick prayers?
- The world needs you to pray for it. There are lots of people around the world who are worried and who might be getting poorly. Help and pray for them!

Parents

- Your parents are now going to really need your help.
- Try offering to help them as much as you can.
- Don't give them extra jobs to do. Make sure you clean your room and don't make a mess for them to clean up.
- Ask if you can make them a cup of tea or get them a biscuit.

Your Neighbourhood

- Are there people in your neighbourhood who might be older and need extra help during this time?
- Could you put a food parcel together for them?
- Could you lend them some of the toys you don't need to play with?

Your Parish

- Your Priest and any other religious may also be feeling lonely during this time.
- With a parent could you record a video telling them you will be praying for them?

Remember to thoroughly disinfect anything you give to someone else and outside of the house remain at least 2 metres away from other people